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EDMONTON • TUESDAY, MAY 5, 2009

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## Ottawa to press China on pork ban

**TRADE** The federal government is pressing China to explain why it has quarantined seemingly healthy Canadians and banned the import of pork products from Alberta.

"China is operating outside of sound science," federal Agriculture Minister Gerry Ritz told the House of Commons yesterday. "We are looking for clarification as to why it has gone as far as it has."

Canada would not hesitate to go to the World Trade Organization and challenge the ban if China does not back down, Ritz added.

Other countries banning Alberta pork are El Salvador, Honduras, the Philippines and Ukraine. Russia has banned pork from Nova Scotia, Ontario and British Columbia, but not Alberta.

A group of Montreal students was also making the best of a difficult situation, stuck in a guest house in northern China. Officials ordered the apparently healthy group into a week-long quarantine.

TORSTAR NEWS SERVICE

Entertainment pg 17



## Star Trek's new recruits

Health pg 14



## Working out on the go

## Legislature The day the music thrived



Edmonton students play yesterday outside Alberta's provincial legislature in a nationwide, simultaneous concert aimed to raise awareness for music education and keep music alive in schools. More than 700,000 students across Canada took part.

# Alberta confirms 6 more flu cases

Young girl exhibits 'severe' symptoms: Doc

JEFF CUMMINGS  
jeff.cummings@metronews.ca



**Alberta now has six more H1N1 flu cases, including a young girl who is in hospital with "severe" symptoms, said the province's chief medical officer of health today.**

Dr. Andre Corriveau says the girl was admitted into hospital last Thursday with Influenza A (H1N1). "It is the first time that we had a case that requires hospitalization," said Corriveau.

"All other cases we've had so far, which has been the pattern pretty much around the world outside of Mexico, (have been) mild and are recovering uneventfully."

Health officials wouldn't reveal the girl's age citing privacy concerns, but they said no school closures are necessary for the Edmonton area.

"We are still investigating and we

**"There is no danger of eating pork."**

Jurgen Preugschas, president, Canadian Pork Council

are trying to track down all of the (patient's) contacts," said Dr. Gerry Predy, a senior medical officer of health with Alberta Health Services.

Corriveau says the girl or anyone in her immediate family has not recently visited Mexico where the illness originated.

The province has so far recorded 24 cases, and all of the cases have included people under the age of 42. Not all of those cases are still active.

"This is an indication that those are the people that are travelling more," said Corriveau.

"That is the pattern we are seeing so far."

Of the other five cases, two are from Calgary and three are in central Alberta, said health officials. Corriveau says four of the people who contracted the virus had recently travelled to Mexico.

Meanwhile, Alberta's pork industry says its producers are taking a hit in their pocketbooks since the scare began, especially after a farm worker who came back from Mexico infected a herd of pigs in central Alberta last month.

"When it was called the swine flu, our markets dropped severely," said Jurgen Preugschas, president of the Canadian Pork Council, yesterday. "(The producers) put in a lot of effort to provide a safe and healthy product. (The flu) has not changed that aspect one little bit. There is no danger of eating pork."

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**Choir documentary gets screening**

A documentary reliving the University of Alberta's Chorale Saint-Jean's tour of Quebec is being shown on campus for those who missed out on the live experience. The film will be at Campus Saint-Jean auditorium at 7:30 p.m. today. **METRO EDMONTON**

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# Local



## Local among model hopefuls

Lindsay Wellier, left, a 22-year-old student from Edmonton, will be competing for the title when Canada's Next Top Model makes its debut on May 26 on CTV. Wellier was raised on the Sucker Creek First Nation and is studying child and youth care. She will be among the 11 finalists in this year's contest. **METRO EDMONTON**

## Green Day sets Edmonton show

**CONCERT** Pop punk outfit Green Day has announced a new tour and Edmonton will be one of 38 stops along the way.

The band, making its first proper tour of the United States and Canada in three years, is promoting their new album, 21st Century Breakdown, with over 2 months of shows across North America.

The tour starts in Seattle July 3 and ends Aug. 25 in Los Angeles.

The Edmonton show is taking place on July 6 at Rexall Place with the doors opening at 7 p.m. Tickets start at \$35.50 and can be purchased at either Ticketmaster or Blackbyrd Music starting May 8.

**METRO EDMONTON**

# Education gets boost

Stimulus provides \$348-million for Alberta universities, colleges

**ANDREW COWIE**  
for Metro Edmonton



**Universities and colleges around the province are going to get a \$348-million shot in the arm as part of a new multi-billion-dollar federal economic stimulus package.**

The \$2-billion Knowledge Infrastructure Package is a two-year program that will help support infrastructure enhancement at post-secondary schools around Canada, with the

University of Alberta alone getting about \$54 million. Minister of State Gary Goodyear complimented the efforts of both school and government officials on the use of the economic aid that will go to creating 2,500 jobs that will help build and maintain the infrastructure additions.

"We feel we need to do what we can right now to create jobs," said Goodyear. "But also we don't want to get derailed on our science and technology strategy."

Goodyear said that the program will be introduced in two waves, with bigger projects being fast tracked for the first round and smaller ones getting funding in the second portion.

"Some of the applicants ... are being saved for the second round," explained Goodyear.

"We obviously want to create jobs for Canadians but also the best facilities for science."

University of Alberta president Indira Sama-

rasekera said that this money will go a long way to maintaining the school's reputation as a modern centre for education.

"This will make a tremendous difference across our campus," said Samarasekera. "It's never exciting to put up a roof ... but that sort of maintenance is critical for the long-term stability."

The Province of Alberta is proving an additional \$75.6 million in funding towards the university.

## Man faces theft, flight charges

**CAR** A man was arrested Sunday after a suspect fled from police in a stolen car, nearly hitting an off-duty officer.

A man was spotted driving a car slowly around pedestrians at a marked crosswalk on Whyte Avenue and 106 Street around 4:30 p.m. Sunday.

When police attempted to wave the man over, he accelerated his car, police said, going the wrong way down a one-way street.

After narrowly missing an off-duty officer on motorcycle and a person in a wheelchair, the man sped away, police said.

The vehicle was abandoned near 109 Street and 84 Avenue, and police found and detained a man nearby.

Chas Roger Badger, 24, is charged with dangerous driving, criminal flight from police and two counts of possession of stolen property under \$5,000. **METRO EDMONTON**

## Emergency warnings broaden their reach

**JEFF CUMMINGS**

jeff.cummings@metronews.ca



**SYSTEM** Alberta's emergency public warning system will soon include text messaging on mobile phones and pop-up windows on social networking sites like Facebook and Twitter, the government announced yesterday.

The province will also "take advantage" of new technologies like satellite radio and TV to alert residents during disasters and Amber Alerts, announced Municipal Affairs Minister Ray Danyluk as he kicked off Emergency Preparedness Week at Churchill Square.

"We want to have as much access to the public as we possibly can," said Danyluk.

"We need to have the best system for the safety of Albertans."

Danyluk said the government has consulted with a number of media partners and stakeholders to find



Paramedics Jason Joelson, left, and Joel Requier demonstrate their emergency preparedness on Red Deer Scouts John Scott, 12, and Monica Scott, 14, yesterday at Churchill Square.

ways on how to improve the emergency system that has been operating for the last 15 years.

"Our system was the first provincial-wide system in Canada, but it only accessi-

ble to television and radio," said Danyluk. "We believe we need to broaden that scope."

During weather emergencies and Amber Alerts, the City of Edmonton has

agreed to use its electronic construction signs to help the province alert the public.

The new system is expected to be in place by the middle of next year.

## Bill seeks to add four ridings

**GOVERNMENT** Alberta's government tabled a bill yesterday that could see the number of electoral ridings increase in the province from 83 to 87.

"Alberta's population has increased by more than one million since the last time the number of electoral divisions was changed prior to the 1986 election," read a press release from the government about the new Bill 45.

A commission that will study where the new ridings need to be must be appointed by no later than July 31 under the new bill.

**METRO EDMONTON**

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What's online today.

**Video** Teachers speak out about legislation targeting controversial topics in the classroom at [metronews.ca/local](http://metronews.ca/local)

**Video** Prairie treasure hunters are cashing in on valuable space debris dropped by last fall's meteor at [metronews.ca/canada](http://metronews.ca/canada)

**Mind and Body** Ensure your workouts don't sacrifice safety for performance at [metronews.ca/health](http://metronews.ca/health)

**Blogs** Josey Vogels debuts her new blog, Sexcetera

**Your Money** Allan Small on why diversification is just as crucial in a hot market as it is in a sinking one at [metronews.ca/investing](http://metronews.ca/investing)



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Ottawa's mayor pleaded not guilty yesterday when he was formally arraigned in court on the first day of his criminal trial. Larry O'Brien faces charges of influence peddling after Terry Kilrea, his opponent in the 2006 municipal election, said O'Brien had offered to pay his campaign expenses. **CBC NEWS ONLINE**

**Ottawa mayor pleads not guilty**

# Canada



## Schreiber figure wrong: Testimony

A former spokesman for Brian Mulroney said he was never asked by his boss to correct the \$300,000 payment figure circulating in the media that related to cash received from Karlheinz Schreiber because it would have been a waste of time. Luc Lavoie, testifying at the federal inquiry yesterday in Ottawa, said he had learned around 2002 that the amount Mulroney received for his services was less than the \$300,000 figure cited by Schreiber. **CBC NEWS ONLINE**

### News in brief

**COURT** A Toronto man charged with allegedly trying to send devices that could be used for nuclear technology to Iran was denied bail in a Toronto court yesterday. Mahmoud Yadegari, 35, was arrested last month at his North York home following

an investigation conducted by the RCMP and the U.S. Department of Homeland Security.

**TECHNOLOGY** Canada needs to step up its efforts in science, technology and innovation or risk being left behind in the

global race for talent and wealth, a federal advisory panel will warn today. The Science, Technology and Innovation Council, formed to advise Ottawa on issues of science and technology, is expected to issue mixed grades on the

state of science and technology innovation. "Other countries are improving their education results and their support for innovative activity more rapidly than Canada," the group's memo says.

**TORSTAR NEWS SERVICE**

## Vote would be crapshoot, says pollster

Iggy's tough talk a warning: Analysts

**While the opposition Liberals are threatening to trigger a new election to protest against government handling of the economic crisis, there is no guarantee Canadians will be voting any time soon.**

Liberal Leader Michael Ignatieff, buoyed by recent polling numbers, demanded on Sunday that the minority Conservative government make unemployment payments more generous to help Canadians ride out the recession.

"If the government will work with me, then we'll get it done. If they won't. Then we'll have to have an election," he said after a party conference confirmed him as the new leader.

But analysts said Ignatieff's tough words were more of a warning to Prime Minister Stephen Harper than a genuine dec-

laration that he is ready to bring down the Conservative government. They pointed to a host of reasons why an election might not happen soon.

First, Liberal support, though higher, is still not strong enough to guarantee even a narrow victory.

And to bring the Conservatives down the Liberals need the support of both the other opposition parties in the House of Commons, neither of which may be in the mood to cooperate.

Nik Nanos, head of the Nanos Research polling firm, said an election now — Canada's fourth in five years — would "really be a crapshoot for either one of the main parties."

Two polls over the weekend put support for the Liberals at 36 per cent compared with 33 per cent for the Tories. **REUTERS**



Harper

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## Ottawa Salute to soldiers



Netherlands Defence Attaché Lt.-Col. Henry Schevers, left, and Netherlands ambassador to Canada H.E. Wim Geerts pay their respects to those who died fighting for Dutch freedom after laying a wreath at the National War Memorial yesterday.



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## Report raps homework for school children

**Homework is of little benefit to elementary school students, but can be useful for older students as long as it is not simply rote learning, says a report examining 18 studies on the issue.**

The report, by the Canadian Council on Learning, says in some cases homework can boost achievement and that older students — from Grade 8 and up — seem “most likely to benefit from doing homework,” as do lower-achieving students.

Homework is a hot topic among students, parents and educators and just last fall the Toronto public board introduced a groundbreaking homework policy after complaints about the amount and kind of work students were bringing home.

Among the new rules: Homework should only cover materials taught in class and consist of “clear, purposeful and engaging activities;” that a one-hour maximum be implemented for Grades 7 and 8 students, two hours for high schoolers; and that teachers assign homework in blocks.

TORSTAR NEWS SERVICE

## Airlines move to establish ‘flight rights’ program

**TRAVEL** The country's airlines have moved to make a federal “Flight Rights” consumer awareness program legally binding in the apparent hopes it will head off any new consumer protection legislation for the industry.

Air Canada, WestJet Airlines Ltd. and Air Transat AT Inc. have filed tariffs with the Canadian Transportation Agency that codify the airlines’ responsibilities to their customers in various circumstances.

They include rebooking or providing refunds to passengers who are bumped from overbooked flights, offering meal vouchers for delays longer than four hours and providing hotel rooms for delays that require an overnight stay in an airport other than the one where the travel originated.

However, the airlines say they won't be held responsible for delays that are beyond their control, including weather and traffic.

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Nepal's Maoist Prime Minister Prachanda resigned after a crisis sparked by his sacking of the country's army chief, plunging the Himalayan republic into a political turmoil. The one-year-old Maoist-led government fired Gen. Rookmangud Katawal on Sunday, accusing him of refusing to accept the supremacy of the civilian government. **REUTERS**

Nepal's PM steps down

# World

## Boston Globe stays alive, for now

The Boston Globe's biggest union won some breathing space after its owner, The New York Times Co., said it will not file notice of its intention to close the newspaper, at least for now. Six of the seven unions representing employees of the money-losing Globe reached tentative agreements with Times Co., which has threatened to shut the 137-year-old newspaper unless it agrees to \$20 million US in concessions. But the future of New England's largest newspaper remained in doubt yesterday. **REUTERS**

## Pakistan battles Taliban

Widening influence of militants worries Americans

**Pakistani forces battled Taliban fighters yesterday as the militants denounced the army and government as U.S. stooges and said a peace pact would end unless the government halted its offensive.**

The February pact and spreading Taliban influence have raised alarm in the United States about the ability of nuclear-armed Pakistan — important in efforts to stabilize Afghanistan — to stand up to the militants.

Last month, U.S. Secretary of State Hillary Clinton accused Islamabad of abdicating to the Taliban while U.S. President Barack Obama expressed grave concern the government was "very fragile" and unable to deliver basic services.



Supporters of the Sunni Tehreek religious party take part in an anti-Taliban and anti-U.S. march through Islamabad yesterday.

Obama will present his strategy for defeating al-Qaida to Pakistan and Afghanistan leaders tomorrow amid growing U.S. concern it is losing the Afghan war.

In the Buner valley, 100 kilometres northwest of

the Pakistani capital, security forces backed by helicopter gunships and artillery attacked militants in three hamlets yesterday, residents and security officials said.

"There's been heavy firing going on since morn-

ing. It's very scary. Troops are using heavy artillery and gunships," resident Nasir Khan told Reuters by telephone.

A military spokesman said seven militants, including a commander, were killed. One soldier was killed and three wounded.

The militants were also using about 2,000 villagers as human shields, the military said.

Buner is to the southeast of the Swat valley, where in February authorities gave in to a Taliban demand for Islamic sharia law as part of a deal to end nearly two years of violence in the former tourist destination.

However, the Taliban refused to give up their guns and pushed into Buner.

**REUTERS**

## WHO undecided if H1N1 is a pandemic

**VIRUS** The World Health Organization is keeping a close eye on the spread of the H1N1 virus outside North America as it tries to decide whether to declare a pandemic, a top official said yesterday.

Keiji Fukuda, WHO acting assistant director-general, said most of the people infected in Europe and Asia to date had been to Mexico, the outbreak epicentre, and had not caught the virus from the community-at-large.

It remains unclear when, or whether, the United Nations agency will raise its

### Infections

The WHO has confirmed 1,025 infections, including 26 deaths, in 20 countries around the world.

pandemic alert to the top of its 6-point scale and activate emergency response plans to fight the virus known popularly as "swine flu."

"We continue to see a number of infections related to travel in a number of different countries," Fukuda told journalists in Geneva, where the WHO is headquartered. **REUTERS**

## Obama to overhaul tax policies

**PROPOSAL** U.S. President Barack Obama vowed yesterday to overhaul tax policies that he said reward companies for shifting U.S. jobs overseas and allow wealthy people to evade taxes using offshore accounts.

The White House esti-

mated the plan would save \$210 billion US over the next decade.

In one proposal businesses are poised to fight, Obama would tighten tax-code provisions that allow firms to defer paying taxes on profits they make overseas. **REUTERS**

### News in brief

**PIRATES** Russian President Dmitry Medvedev yesterday suggested establishing an inter-

national court to try suspected pirates. **REUTERS**

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**U.S. concerned with China's military buildup**

China's buildup of military power funded by a strong economy appears aimed at America, the chairman of the U.S. Joint Chiefs of Staff said yesterday. **REUTERS**

world 7

# Karzai blasted for his choice of VP

Running mate accused of human rights abuse

**Afghan President Hamid Karzai registered to run for re-election yesterday, but was criticized for naming a former guerrilla chief accused of rights abuses as his senior running mate.**

As the Aug. 20 election draws closer, Karzai appears to be approaching an all but unassailable position, with the opposition struggling to name a contender with a broad enough support base to win.

"I have taken this decision for the welfare and interest of the people of

Afghanistan," Karzai, who has led Afghanistan since 2001, said of his decision to seek a second term.

"We will endeavour to bring security, peace and tranquillity to Afghanistan," he told reporters outside the offices of the electoral commission. "As in the past, we will make mistakes... but we will be in the service of the Afghan nation."

Karzai selected former Defence Minister Mohammad Qasim Fahim as his senior vice-president, ignoring the pleas of the head of

the United Nations mission in Afghanistan who met the president several times in recent days to persuade him to pick someone else.

UN envoy Kai Eide was "saddened" and "disturbed" by the choice of Fahim, a one-time guerrilla chief rights groups have linked to accusations of abuse, said a source close to Eide.

Brad Adams, Asia director of New York-based watchdog Human Rights Watch, said: "To see Fahim back in the heart of government would be a terrible step backwards for Afghanistan."

**REUTERS**

Hamid Karzai

## New York Musing about models



A visitor views an installation for The Costume Institute's "Models As Muse" exhibit at the Metropolitan Museum of Art in New York yesterday.

## Obama to meet Karzai, Zardari

**LEADERS** U.S. President Barack Obama presents his strategy for defeating al-Qaida to the leaders of Afghanistan and Pakistan tomorrow amid growing U.S. concern it is losing the war and neither is a reliable ally.

The White House meetings with Pakistani President Asif Ali Zardari and Afghan President Hamid Karzai are likely to be cagey affairs — both visitors have been heavily criticized by Obama's administration and are also wary of each other.

Equally, Obama's new strategy for defeating al-Qaida and Taliban militants operating has not been universally welcomed in either country.

**REUTERS**

## Aussies criticized for delaying climate plan

**CARBON** Australia needs to declare its commitment to cut carbon emissions before the Copenhagen summit in December or risk weakening the outcome of global climate talks, the head of the UN climate panel said yesterday.

Australia announced a one-year delay in a major changes to its carbon trading plans yesterday, citing the global economic recession for the need to delay the start date until July 2011 but the country may raise its target for cutting emissions.

### Demands

- Australia's decision to put back its carbon-emissions trading scheme followed demands from businesses to soften the carbon regime.

"If you have even one or two developed countries not showing adequate commitment in this business, that would rub off on the others," R.K. Pachauri chairman of the UN's Intergovernmental Panel of Climate Change said.

**REUTERS**

### News in brief

**NUKES** A meeting on the troubled global treaty against nuclear arms highlighted a sharp split between rich and poor

nations yesterday, with developing states complaining about their shrinking access to atomic technology.

**REUTERS**

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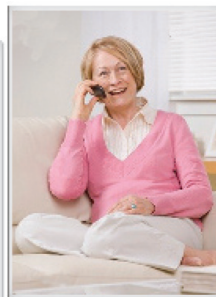
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# Comment & Views

## Comment

# Conservatives: The new kings of pork?

## NationalReport



metronews.ca/nationalreport

Back in the days of Jean Chrétien, conservatives had your proverbial field day cutting up the Liberals for the way grant money was distributed. They would, quite correctly, point to large per-

centages of the funding going to Liberal-held ridings while very little went to the constituencies of opposition members. Very interesting, they said — and what a sham! The Grits were feathering the nests of their own supporters. Chrétien, said Alliance MP Jason Kenney, was “the king of pork.”

The Conservatives vowed, of course, that, once in power, they would never do that kind of thing.

But now we have some news. It's been revealed that in regard to a \$45-mil-

lion program for disabled Canadians, Conservatives shovelled no less than 94 per cent of the funding to Conservative-held ridings. The other three parties, the Liberals, the NDP and the Bloc Québécois, divvied up the remaining six per cent.

The figures were released by Liberal MP Michael Savage, who examined the program, which is called the Enabling Accessibility Fund. What's going on is “pretty blatant,” he said.

Human Resources Minister Diane Finley denied there was any favouritism

involved in the process. “The awards are based on applications and the quality of those applications.” In other words, she was suggesting it was just a coincidence that almost all the handicapped people in need just happened to be in Tory-held ridings.

Yes, Finley — and Elvis Presley is not only still alive, he's giving a concert in Moose Jaw tomorrow night.

Given how bitterly partisan the Harper government has shown itself to be, no one should be surprised

that this kind of thing is going on. The question is the extent of it. If the Opposition can prove it is widespread, we may have new kings of pork.

The Liberals have difficulty scoring points on such issues. Given their record on the sponsorship scandal and Shawinigate they get beamed any time they complain about anyone else. Indeed, Finley remarked last week how rich it was of them to raise it.

But that shouldn't stop them — and the other opposition parties should be

all over it. The Finley analysis would appear to suggest that if another government did it, so can we. But, of course, one of the reasons the Conservatives were elected was to clean up the previous government's act.

Judging by this file and several others dealing with clean government — secrecy, one-man rule, patronage, the Cadman affair, the in-and-out controversy, etc. — they have failed the test.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

## Views

# Youth depression can be beat, if treated



David Venn



Dr. Stan Kutcher

Melissa was in my office crying. At 18 years old, she had just returned from college feeling like a failure. Her interest in her friends and school had declined, and she had spent much of the last month in her room, avoiding classes and drinking. In addition, she was sleeping poorly and was not eating very much.

During our chat, she con-

fessed that she felt her life was not worth living, and had thought about ending it with a fistful of pills. She didn't think anything could help her feel better and would roll her eyes when I'd suggest something. Melissa was young, smart, attractive, considerate, thoughtful and depressed.

Depression is a mental disorder affecting about eight per cent of Canadian youth, usually starting between the years of 14 and 25. Depression is a serious illness that may negatively affect relationships, academic and vocational success. Frequently, it's a life-long problem — more than 70 per cent of teens who ex-

perience an episode of depression will have another episode within five years.

Depression can be successfully treated. However, many young people with depression do not get the help they need. It may be confused with “normal teenage behaviour,” so instead of receiving help, the teen is ignored or criticized.

Fast-forward five months. Melissa bounced into my office. She didn't want to stay long because she was heading out with her friends. Her mood was cheerful, and she was limiting her drinking to only a few beers on the weekends. She was sleeping better, working hard, and was spending her

evenings out with friends or at dance class. She was planning to go back to university in the fall and wanted to study psychology to learn more about depression.

Melissa's story represents hope for young people living with depression.

It's time to stop stigmatizing people who have a brain disorder called depression. It's time to make sure the care that is needed is easily available. It's time Melissa's story is the norm, not the exception.

David Venn is a project co-ordinator on the Sun Life Financial Adolescent Mental Health Knowledge Translation Team. Dr. Stan Kutcher is the Sun Life Financial Chair in Adolescent Mental Health at Dalhousie University in Halifax, N.S.



It's your turn to tell others what you think. Email your thoughts and opinions to: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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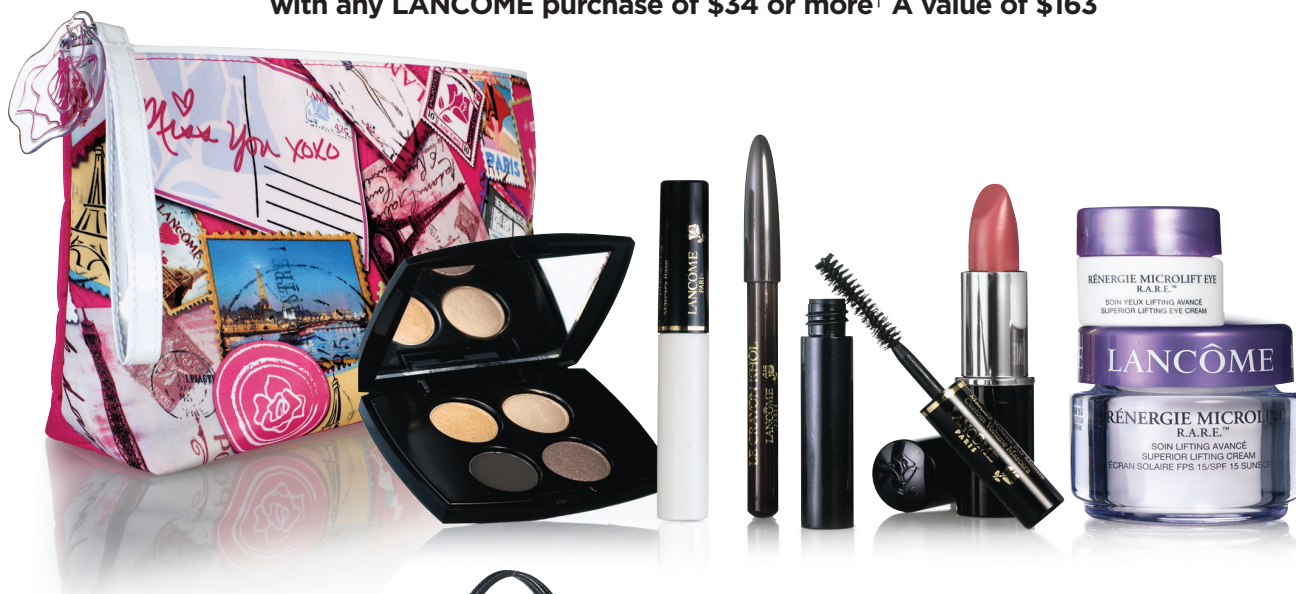
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BEAUTY  
*at the Bay*



General Motors Corp.'s Canadian unit accepted \$500 million in short-term loans from the federal and Ontario governments yesterday to help it restructure in time to qualify for longer-term aid. The funding is to be used only for working capital while GM revamps ahead of a June 1 deadline imposed by Washington and Ottawa. **REUTERS**

**GM takes \$500 million in Canadian loans**

# Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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# RIM upgrading smartphone

## New version of BlackBerry Storm to aid retail market push

Research In Motion is planning a next-generation version of its touchscreen BlackBerry Storm smartphone as part of a continuing push into the retail market, its co-CEO said yesterday.

"We see this very large and untapped consumer market," Jim Balsillie said during a presentation to analysts and investors, adding that more than half of RIM's 25 million subscribers now fall into the

## RIM thriving in U.S.

The latest data shows RIM is doing well: Research firm NPD Group reported yesterday that the company's BlackBerry

Curve moved past Apple's iPhone to become the best-selling consumer smartphone in the U.S. in the first quarter.

non-corporate category.

Asked about whether the Storm — which debuted to mixed media reviews last year — has been a hit, Balsillie said "that product was a huge success

in terms of sales and adoption."

Balsillie said Storm sales remain strong and added "we have next-generation devices with that and the whole roadmap."

Success of individual handsets is crucial to RIM, especially as it pushes deeper into the retail market, where consumer tastes can be fickle.

RIM has stacked its product lineup with consumer-friendly handsets like the Storm and the BlackBerry Pearl and loaded them up with multimedia features like photo-management software and music players.

**REUTERS**

## Business in brief

**AUTO** A group of investment funds sought yesterday to block Chrysler's planned alliance with Italian automaker Fiat SpA, arguing in a New

York bankruptcy court that the sale proposal was "orchestrated entirely by the U.S. Treasury and foisted upon the debtors."

**UNIONS** Air Canada said yesterday it was seeking support from its unions for "a moratorium and other conditions on funding" its more than \$3-billion

pension deficit, but the Canadian Auto Workers union warned against gutting the pension plans.

**REUTERS**

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business 11

## Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

# R-E-S-P-E-C-T spells rich

Treat your wallet well and it will do the same for you

## SmartCookies



metronews.ca/smartcookies

Smart Cookies believe that just like any other healthy relationship, your relationship with money needs to involve an element of respect and kindness.

Improving your "wealth health" as we like to call it, can be done in a few easy steps:

- Ask yourself, what does my wallet say about me? Is your cash organized in a wallet or purse? Or are coins and bills crumpled and shoved away in a ragged old handbag? If you are serious about attract-

ing more money into your life, you need to first treat the money you have with the respect and value it deserves.

- Make a list of how you are both respectful and disrespectful towards your money. Do you spend money on others when you can't afford it? Do you wash your clothes, when they are still clean and could be worn a second time? Do you wait until the last minute and send a package with express delivery, when it could be sent regular mail, with just a little bit of planning? We are willing to bet that in the instances in which you have respected your money, pleasurable things have happened, while in the other instances, you have experienced unhappy consequences.

- Be positive about money. Being a Smart Cookie is

not about doom and deprivation. Rather it is about focusing on the positives and attracting more money into your life. If you grew up believing that money was evil, that you needed to hoard your money, or that to want to make money is selfish, you likely still allow these beliefs to control you and the way you approach life.

If you catch yourself talking about what you don't have, stop yourself. Instead, shift your thinking. Start focusing on what you really want and how it will feel once you have it. And of course, be grateful for what you already have.

- Pay yourself first. We've all heard this before, but are we actually doing it? Respect yourself and what your money can do for you in helping you reach your goals. Even if you can only afford \$25 each month, make sure that that money is automatically transferred off the top each month into your dream fund.

- Respect your stuff. Although material items are just that, you need to respect them, and the amount of money you spend on acquiring them. Think of all the money you could have, if you stopped spending money on replacing things.

For more on figuring out what you really want out of life, go to our website,

smartcookies.com, and complete the "Perfect Day" exercise. If you have comments or questions, email us at smartcookies@metronews.ca.

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

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### On the web

#### Columnists:

- Henry Choo Chong advises a woman whose husband's job has dropped down to two days per week. For this week's Money Matters column, visit [metronews.ca/moneymatters](http://metronews.ca/moneymatters)

- Allan Small discusses the importance remaining diversified, no matter whether the markets are up or down. To read this week's Investing column, visit [metro news.ca/investing](http://metro news.ca/investing)

## Car Insurance Myth #2: Higher Rates Mean More Coverage.

### Truth:

By law, the basic terms and conditions for auto insurance policies in Alberta are identical, word for word. Drivers who pay more don't necessarily receive more coverage, value or perks.

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On May 6th, helping children is on the menu.



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Mine That Bird is headed to the Preakness. The trainer of the former Canadian two-year old male champion who won the Kentucky Derby at 50-1 odds said his horse will run in the May 16 second leg of the Triple Crown. **METRO NEWS SERVICES**

# Sports



**"We all know who the real No. 1 is ... Quite frankly, I'm the best in the world."**

Serena Williams at the Italian Open yesterday, on being overtaken in the WTA rankings two weeks ago by Dinara Safina. The Russian Safina, who holds the No. 1 ranking despite never winning a Grand Slam title, says her position is well-deserved. "Last year I won four titles," she said. "So I think I belong to this, because this doesn't come out of sky." **METRO NEWS SERVICES**

EDITOR: JOHN.CHICK@METRONWS.CA

## Ovechkin wins second battle

Alex Ovechkin notched his first career playoff hat trick, leading the Washington Capitals to a 4-3 decision over the Pittsburgh Penguins in Game 2 of their Eastern Conference semifinal battle in Washington last night.

David Steckel provided the other goal for the Capitals, who lead the set 2-0 and hadn't won the first two games of a playoff series since the 2003 Eastern quarterfinals against Tampa Bay.

Viktor Kozlov and Sergei Fedorov each contributed two assists and Simeon Varlamov stopped 33 shots.

Sidney Crosby equaled his Capitals counterpart with a three-goal game for the Penguins, who have not faced an 0-2 series deficit since the 2008 Stan-



Alex Ovechkin celebrates his third goal last night.

ley Cup Finals with Detroit. Marc-Andre Fleury allowed four goals on 33 shots in the setback.

The series shifts back to Pittsburgh for Game 3 on Wednesday.

Ovechkin rocketed home

a dish by Mike Green from the left circle, and the Caps led 3-2, with 7:07 left in regulation. The go-ahead score came just four seconds after Pens forward Evgeni Malkin was sent off for tripping.

Ovechkin finished off the hat trick almost 2 1/2 minutes later, using Pittsburgh defenceman Sergei Gonchar as a screen and ripping a wrister high over Fleury's glove for a 4-2 Caps lead. **METRO NEWS SERVICES**

## Canada ends round robin with SO loss

### WHC RESULT

**Finland 4, Canada 3 (SO)**

**IIHF** Hannes Hyvonen scored the game-winner in the shootout, as Finland earned its way into the quarterfinals with a 4-3 decision over Canada in the Group F finale.

Niko Kapanen, Tuomas Pihlman and Anssi Salmela tallied for the Finns, who

had to win in regulation in order to finish first in the group.

Pekka Rinne stopped 29 shots in regulation.

Dany Heatley picked up two goals for the Canadians, who finished first in Group F and will face Latvia, the fourth-place nation from Group E, in a Thursday quarterfinal.

Dwayne Roloson made a spectacular 50 saves in regulation. **METRO NEWS SERVICES**

### Sports in brief

**NHL** New York Rangers forward Markus Naslund has told the team he is retiring from the NHL, according to the New York Post. The 35-year-old signed a two-year contract with the Rangers last year after 11 seasons with Vancouver.

**RACING** Canadian Alex Tagliani will drive his first-ever Indy 500 May 24 in Conquest Racing's No. 34 car. At 36, Tagliani is a rookie at Indianapolis because as a former Champ Car driver, he never got the chance to race there. **METRO NEWS SERVICES**

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**Mexican player suspended for flu inference**

Mexican soccer player Hector Reynoso has been suspended from the Copa Libertadores for pretending to cough and spit in an opponent's face, gestures interpreted as threatening to spread flu. **METRO NEWS SERVICES**

sports **13**Coronation  
for James

**NBA** LeBron James has been named the NBA's Most Valuable Player, making him the first Cleveland Cavaliers player to win the award.

James garnered 1,172 points, including 109 first-place votes out of a possible 121, and was well ahead of the second-place finisher, Kobe Bryant of the Los Angeles Lakers. Bryant finished with 698 points and two first-place votes, while the Miami Heat's Dwyane Wade was third with 680 points and seven first-place tallies.

The news was announced yesterday at a press conference at James' old high school, St. Vincent-St. Mary, in Akron, Ohio.

James averaged 28.4 points, second in the league to Wade (30.2), to go along with 7.6 rebounds and 7.2 assists. His seven triple-doubles were the most in the league.

"If you know me, individual accolades I never really get high on," James said.

"This is like a team award. For me individual accolades come when team success has happened," James said. "You look at those 14 guys over there. I got this award because of them."

METRO NEWS SERVICES

**Cubs place  
Zambrano on DL**

**MLB** The Chicago Cubs placed pitcher Carlos Zambrano on the 15-day disabled list with a strained left hamstring on yesterday.

METRO NEWS SERVICES

For more sports visit [metronews.ca](http://metronews.ca)

It through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Madhi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

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## Magic get jump on sluggish Celtics

NBA

**2009 Playoffs**

**Dwight Howard scored 16 and pulled down 22 rebounds, and the Orlando Magic, despite nearly blowing a 28-point third quarter lead, held off Boston, 95-90, in the opener of their Eastern Confer-**

**ence semifinal series.**

The reigning NBA champions were coming off a grueling first-round win over Chicago in a series that went to seven games, including four overtime contests totaling seven extra sessions. That series ended Saturday night, and the Celtics seemed sluggish in the first half yesterday,

settling for jump shots, but turned up the defense in the second half.

The Magic used a dominating 37-7 run, bridging the end of the first half into the third quarter, to build a 65-37 cushion before the Celtics rallied and nearly stole Game 1, but 15 turnovers, including seven from Rajon Rondo, were

the back-breaker for the Celtics.

Rashard Lewis added 18 points and Mickael Pietrus added 17 for the Magic. Howard, who was coming off a one-game suspension when he missed last Thursday's series-securing victory at Philadelphia, also blocked three shots.

Paul Pierce tallied 23

points for the Celtics, while Rondo ended with 14 points, 10 rebounds and eight assists. Glen Davis added 12 points before fouling out and Kendrick Perkins pulled down 16 rebounds.

The starting backcourt of Rondo and Ray Allen combined to shoot 4-of-24 from the field. **METRO NEWS SERVICES**

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# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Build skating power

**FITNESS** The best way to build power for inline skating or rollerblading is plyometrics, or jump-based exercises, according to the Ottawa Inline Skating Club. These help prepare the body for sprints and maintain balance.

Box or bench jumps can be done forward or sideways. They strengthen the muscles required to push off while skating, and help stabilize the legs and core. You can use a step, bench or milk crate.

### Box jumps

1. Stand facing a step, one or two feet away from it. (The higher the step, the harder the workout.)
2. Jump onto the step. Try to keep your feet together.
3. Step down and repeat

as many times as possible for 30 seconds. This is one set.

4. Rest 30 seconds to one minute. Do two to three more sets.

TORSTAR  
NEWS  
SERVICE

Do this move to power-up your legs for inline skating this summer.



DAVID COOPER/TORSTAR NEWS SERVICE

## Workout on the go

Fitness can happen anywhere, anytime, explains trainer

CELIA MILNE  
for Metro Canada

**"I can't afford a gym." "I don't have time to exercise." These excuses just don't cut it, says personal trainer Jennifer Cohen.**

She believes we can all get fit using our own body weight and what we have around us. "Exercise any time, anywhere, no excuses," is Cohen's motto.

Originally from Winnipeg and now living in Los Angeles, Cohen is co-author (with Zoomer magazine's Suzanne Boyd) of *No Gym Required: Unleash Your Inner Rock Star* (Key Porter). She has trained Hollywood hottie Keanu Reeves as well as some of the Playboy Bunnies.

This dynamo has turned her philosophy *No Gym Required* into a brand, even developing shoes that help you burn 30 to 50 per cent more calories.

"I really believe the best exercises are the classics: Push-ups, sit-ups, squats and lunges," says Cohen. "Since all you need is your body weight and some motivation, you can actually do these at home, at the office, while travelling, and wherever the mood strikes you."

The *No Gym Required* philosophy starts with just doing something active whenever it occurs to you. "It sounds silly but just doing one small thing every day is a good habit that leads to further great lifestyle choices. If one day you commit to avoiding escalators, you are working out. Pretty soon that becomes a habit and you al-



According to personal trainer and author Jennifer Cohen, exercises you can do using your own body weight — like push-ups, sit-ups and squats — are the best workouts.

ways avoid escalators," says Cohen.

You can even use trains, planes, cars and buses as mini-gyms. "When I'm travelling I like to do exercises where I tighten my muscles, hold the contraction for three to five seconds, and then relax before repeating," says Cohen. "That way my workout is subtle and I still keep my body moving." When seated, lift your toes while keeping your heels planted and hold for five seconds before releasing and repeating. Or, put your bag, purse, or suitcase on your knees and do calf raises (lift your heel but keep your toes planted). You can even alternate heel, toes, heel, toes as long as you remember to

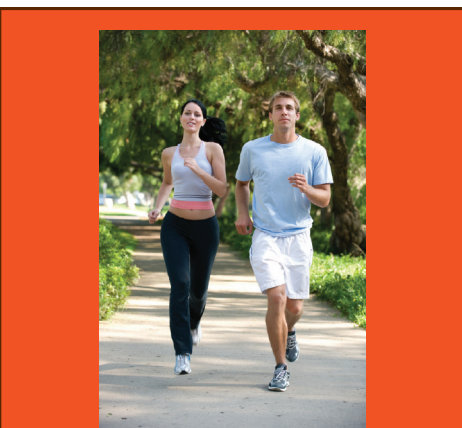
**"If one day you commit to avoiding escalators, you are working out. Pretty soon that becomes a habit and you always avoid escalators"**

Jennifer Cohen,  
personal trainer/author

keep the muscles tight for three to five seconds, she says.

To work your arms and shoulders while travelling, do tricep dips using your arm rests, as well as shrugs. Work your core by

tightening your abdominal muscles. Be sure to engage the muscle and hold it for three to five seconds before repeating. "It won't exhaust you but if you do it right I guarantee you'll feel it!" says Cohen.



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# Misunderstood stepmothers

## The J Spot

Josey Vogels

metronews.ca/thejspot

While mothers will get all the glory and the badly burnt breakfast in bed next Sunday, stepmothers mostly just get a bad rap.

Blame it on the Brothers Grimm.

But while modern stepmothers are quick to reject their less-than-favourable fairy tale reputation, Wednesday Martin, author of *Stepmonster: A New Look at Why Real Stepmothers Think, Feel, and Act the Way We Do* says they could actually take some lessons from their wicked storybook forestepmothers.

While fairy-tale stepmothers are depicted as all powerful, real-life stepmothers are anything but, says Martin. In fact, they're



Stepmothers are often portrayed in a negative way in the media (with movies like *Monster-in-Law*, pictured).

profoundly disempowered, she says and as the most disempowered person in the stepfamily system primes her for burnout, exhaustion, and even clinical depression. In one Canadian study, doctors discovered a syndrome that was so specific to stepmothers that they called it "Cinderella's stepmother's syndrome."

Fearing they may be perceived as the stereotypical "stepmonster," many women with stepchildren find it difficult to be nor-

mally and healthily assertive in their households and in their relations with his kids. Instead these women bend over backwards in order to be seen as nice and perfectly loving at every moment. This only sets the stage for feeling unappreciated.

"Look at yourself and say 'Mirror, mirror, on the wall,'" advises Martin. "Not because you are a homicidal narcissist like Snow White's stepmother, but because women struggling with

stepmothering frequently lose sight of their own needs and identities as they attempt to 'fix' stepfamily dynamics."

A toned down version of a wicked stepmother's "coldness" may help you survive the roughest patches of stepfamily life, offers Martin. Accepting a relationship of friendly civility with your stepdaughter rather than pining to be her BFF, for example — will prevent you from feeling resentful, and may set the stage for even warmer relations down the line.

Embracing your power within your relationship with the children's father is equally important, says Martin. "You must forge an airtight alliance with your husband or partner if your partnership is to survive the well-documented difficulties of stepfamily life," she says. "And he and you must both remember that it is reasonable for a stepmother to expect civility in her own home."

So while mothers will be getting all the limelight this Sunday, don't forget that next Sunday (May 18) is Stepmother's Day.

• For tips on how a relationship can most successfully survive when stepchildren are involved, check out my new blog *Sexcetera* at [metronews.ca/blogs](http://metronews.ca/blogs).

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit [joseyvogels.com](http://joseyvogels.com).

## Beauty must-haves

JANINE FALCON  
for Metro Canada

**M.A.C Studio Sculpt Foundation SPF 15**  
The hottest pro-artist beauty obsession at the Spring/Summer 2009 Ready-to-Wear shows last September, M.A.C's new Studio Sculpt gel-based liquid long-wear foundation smooths and hydrates with a natural satiny finish. Available for \$33.50 at M.A.C boutiques and [maccosmetics.com](http://maccosmetics.com).



**Cargo Timestrip Lip Gloss**  
Cargo's Timestrip technology means you don't have to keep track of your gloss expiry date. Slot the strip into the cap when you open the tube; when the window shows all red in nine months, it's time for a new lipplie. Available for \$22 to \$24 at Sephora and [sephora.com](http://sephora.com).



**Benefit Smokin' Eyes Kit**  
Palettes and kits are smart spending choices: You get a co-ordinated collection of makeup for less than the cost of buying each item separately. With this one you also get easy how-tos on the always-sexy smouldering look. Available for \$42 at Sephora, [sephora.com](http://sephora.com) and Shoppers Drug Mart Beauty Boutiques.



**Consonant Organic Body Care**  
Consonant is a new Canadian line of natural soaps, body washes and body lotions made with fair-trade, organic ingredients. Formulated without synthetic fragrance or harsh chemicals, the washes and soaps cleanse without drying. Available for \$12 to \$22 at The Bay and Sears.

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**Stella joins influential list**

Stella McCartney has been named in Time magazine's list of the world's most influential people. The designer managed to find herself sandwiched between British Prime Minister Gordon Brown and U.S. President Barack Obama. **FEMALEFIRST.CO.UK**

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



## Period drama

Sex And the City actress Sarah Jessica Parker is turning her back on ultra-modern fashion — she is eyeing a part in an elaborate period drama. "I'd love to do a costume drama," she said. **FEMALEFIRST.CO.UK**

# Star Trek series boldly reborn

## New recruits ready to take control of the USS Enterprise

**NED EHRBAR**  
for Metro Canada

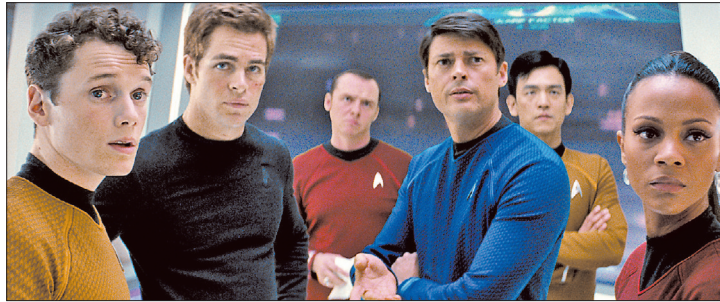
In revitalizing the more than 40-year-old Star Trek franchise — which hits theatres Thursday — J.J. Abrams knew that no aspect was more important than casting the crew of the USS Enterprise.

And while the challenge of finding actors to take on some of the most recognizable characters in film and television history was daunting, it was nothing compared to what the actors tasked with those roles faced.

In getting into the character of Spock, Zachary Quinto

was lucky enough to have one of the best resources available right on set: Leonard Nimoy, the original Spock, who also appears in the film. "He was so available and supportive and open to my questions, many of which had to do more with the impact playing this character had on his life," Quinto says.

What came as a surprise to Quinto was how much time he ended up spending on one small but iconic aspect of Spock. "I did a lot of hand exercises to make sure I could do the Vulcan salute ... I would rubber-band my pinky and my ring finger together and drive around L.A. because I could-



The crew of the USS Enterprise includes, from left, Chekov (Anton Yelchin), James T. Kirk (Chris Pine), Scotty (Simon Pegg), Bones (Karl Urban), Sulu (John Cho) and Uhura (Zoë Saldana).

n't do it at first."

While Quinto had the luxury of interacting with his predecessor, Chris Pine only had the long shadow of William Shatner to contend with. (The two actors didn't meet in person until two weeks ago.) But Pine

says he preferred not having the original Capt. Kirk hanging around. "I won't lie, I am jealous of Zachary's relationship with Mr. Nimoy," Pine says. "But I know that if I had the kind of indomitable presence of Mr. Shatner on set, it

would've been hard for me to carve my own niche."

John Cho, who inherits the role of Sulu from George Takei, also had to tread carefully when developing his character. "He's got that voice, and he's become quite the icon as a

person and as an actor," Cho explains. "I flirted with the idea a little bit, but it seemed like a very bad idea to do an imitation."

Karl Urban felt doubly responsible, being an actor as well as a longtime fan of Star Trek. As the acerbic Dr. (Bones) McCoy, DeForest Kelly was a major scene-stealer, and Urban doesn't disappoint. "It was quite surreal to be on the bridge of the Enterprise and to be saying some of those truly iconic lines," he says.

"The task for me was to try and identify the spirit and essence of the wonderful work that DeForest Kelly did and funnel that through my interpretation of what that character would be. There were many times where I wasn't quite sure where the line was."

## Madge adoption case adjourned

**PEOPLE** Malawi's Supreme Court of Appeal adjourned indefinitely yesterday a case in which Madonna is attempting to adopt a second child from the African country.

Malawi's High Court ruled last month that the pop star could not adopt a four-year-old girl because she was not a resident of Malawi. She appealed against the ruling. **REUTERS**

## In brief

**TV** The U.S. Supreme Court ordered more consideration of a \$550,000 fine against CBS Corp television stations for airing a glimpse of pop singer Janet Jackson's breast during the 2004 Super Bowl broadcast. The order, in favor of a U.S. government appeal, sends the case back to a federal appeals court for further review. **REUTERS**

## Kenya's Style

### Kenya Hunt

Read about skin products at [metronews.ca/globalstyle](http://metronews.ca/globalstyle)

For complete online movie listings, trailers, reviews and tickets, visit: [metronews.ca/movies](http://metronews.ca/movies)

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/5/09	2	CFRN	239 318	etalk	Hollywood	Law & Order: SVU		American Idol		(10:01) Fringe (N)		News (N)
	3	KHQ	- 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Biggest Loser (N)				Law/Ord SVU
	4	CBXT	- 307	NHL Hockey: West Semifinal - Canucks at Blackhawks				To Be Announced		CBC News: The National		The Hour
	6	KREM	- 372	News (N)	Hollywood	The Doctors		NCIS "Legend" (N)		The Mentalist (HDTV) (N)		Without Trace
	7	CKEM	241 347	Law & Order: SVU		Rita Rocks	Friends	Scrubs	Friends	Curb-Enthusm	Friends	Your City
	8	CITY	240 339	ET Canada	Entertainment	90210 (HDTV) (N)		NCIS "Legend" (N)		Durham County		News Hour
	11	OMNI	-	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Scrubs	Better Off Ted	Dancing With the Stars		Cupid (N)
	16	KAYU	- 373	The Simpsons	Raymond	Two/Half Men	Two/Half Men	American Idol (HDTV)		(10:01) Fringe (N)		News (N)
	19	CHTV	-	The Insider (N)	El News	Dr. 90210		The Biggest Loser (N)				News (N)
	22	KSPS	- 374	NewsHour With Jim Lehrer		Nova (HDTV) (DVS)		Wild Lives		Frontline "Sex Slaves"		Independent
	24	WTVS	- 364	Killing Hitler		Frontline "Sex Slaves"		My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N)	
	15	CBCL	502	CBC News: The National		CBC News: The National		CBC News: The National		CBC News: The National		Bisexual
	21	TWN	505 398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live (N)		Anderson Cooper 360 (HDTV)		News	CTV Newsnet	News	CTV Newsnet	News
	44	CTVN	501 391	CTV Newsnet		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	70	BNN	504 508	Squeeze Play		SportsCentre	NHL Hockey: Western Conference Semifinal Game 3 - Red Wings at Ducks					SportsCentre
	23	TSN	400 400	UEFA Champ. League Soccer		MLB Baseball Arizona Diamondbacks at Los Angeles Dodgers (HDTV) (Live)		Pimp My Ride	Pass Time	Low Life	Low Life	SportsNet Con.
	47	SPEED	417 406	MMA Conn	Week-Baseball	Hot Import	Hot Import	Hardcore Hockey Talk		Final Score	Final Score	Final Score
	94	SCORE	410 403	NBA Basketball: Teams TBA		Score Tonight		Reaper (HDTV) (N)		Dancing With the Stars		Primetime
	9	EDACC	267 351	Alberta Primetime		Without a Trace (N)		Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach
	14	YTV	552 543	Drake & Josh	iCarly	Survive This	Survive This	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	17	TREE	553 546	Little Bear	Maggie-Beast	Big Comfy	Zigby Game.	Totally Spies	Total Drama	6TEEN	6TEEN	Robo Chicken
	42	TOON	555 545	Ben 10	Johnny Test	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	45	FAM	557 541	Zoe 101	Life Derek	Qui perd gagne (SC)		La Fievre de la danse (SC)		Nos etes (SC)		TVA 22 heures
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Qui perd gagne (SC)		Toby Keith: One on One		Home Improve.		Reba
	18	CMT	575 583	Reba		Hope & Faith		Manhunters	Manhunters	The First 48 (HDTV)		The First 48
	25	A&E	615 520	The First 48 (HDTV)		The First 48 (HDTV)		The Daily Fix		Hogan Knows	Hogan Knows	Entourage
	26	MMM	571 581	Hogan Knows	Hogan Knows	Good Eats	Gene Simmons	Iron Chef America		Unwrapped		The F Word
	29	FOOD	603 561	The F Word		The Outer Limits		Mutant X		Testees	Trailer Park	Saving Grace
	31	SHOW	617 522	Wife Swap		Deadliest Catch (N)		Daily Planet		Destroyed	Time Warp	Deadliest
	32	DISC	520 505	Destroyed	Time Warp (N)	Rich Bride, Poor Bride		ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	33	SLICE	601 562	Rich Bride, Poor Bride		Will & Grace	Friends	Remedy Me	Keep Real	Style by Jury	Style by Jury	Miss Naked
	34	W	602 567	Style by Jury	Style by Jury	Flo & Kay: Twin Savants		Lottery Changed My Life III		18 Kids-Count	18 Kids-Count	Flo & Kay
	35	TLC	521 560	18 Kids-Count	18 Kids-Count	Law & Order		Without a Trace		Without a Trace		Cheaters
	36	BRAVO	620 523	Johnny Cash: The Man, His World, His Music		Deadliest Warrior (HDTV) (N)		The Ultimate Fighter (HDTV)		CSI: NY (HDTV)		Amazing Video
	40	SPICE	628 584	UFC Unleashed		NCIS "About Face"		Marine Machines		Cities of the Underworld		Sandhogs
	48	HIST	522 506	Crime Stories		Air Farce	Just for Laughs	Corner Gas		The Simpsons	South Park	Roast
	41	COM	626 547	Laughs	Comedy Now	Star Trek: First Contact (1996)		Stargate SG-1		Star Trek: Next Gener.		Star Trek: Next Gener.
	43	SPACE	627 528	Star Trek: First Contact (1996)		Home Videos		Family Guy	Family Guy	Cheers	Sanford & Son	Friends
	44	PPAC	294 560	MLB Baseball: Mets at Braves		Dog the Bounty Hunter		Departures "Zambia"		Mantracker		Bounty Hunter
	46	OLN	411 457	Mantracker		Vanity Insanity	Tube Tales	Tube Tales	Seinfeld	Seinfeld	Raymond	Family Guy
	48	TROP	619 525	What Happen? What Happen?		The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Ellen Show
	50	STAR	621 527	Look-A-Like	Look-A-Like	House Hunters		Holmes on Homes		SarahCottage	Design Inc.	HGTV's Top 10
	52	HGTV	600 564	SarahCottage	Design Inc.	Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)		Pagado
	65	TLN	700 800	Nati Ieri		Wapom Bay	Cashing In	Fish Out	Mixed Blessing	The Rez	Rabbit Fall	Moccasin Flats
	92	APTN	269 530	Wings-Canada	Storytellers	I Prophecy	Supernatural	Pottergeist: The Legacy		Annie Hall **** (1977, Comedy)		
	93	VISION	261 394	Quantum Leap		College Life	College Life	MTV Live	After	Fantasy Fact.	Nitro Circus	College Life
	100	MTV	581 566	Beatdown	College Life	Degrassi: TNG		One Tree Hill		CollegeHmR	Video on Trial	MuchVibe
	101	MM	570 580	CollegeHmR	Video on Trial	Revue	Question Period	Psychic Inv.	Encounters	Prime-Politics	Primitime Politics	
	102	CPAC	512 596	Missing "Deep Cover"		Encounters	In Dreams	Le National	Le Journal RDI	Le National	Le Journal RDI	Missing
	103	VIVA	526 507	Missing "Deep Cover"		Encounters	In Dreams	Le National	Le Journal RDI	Le National	Le Journal RDI	Missing
	106	RDI	126 730	Le Téléjournal (SC)		RDI en direct		(8:45) War, Inc. ** (2008, Comedy) (DVS)		Comic Books Unbound		
	161	SUPER		Diggers ** (2006, Drama) Paul Rudd.								

## critics'corner

**Fringe**  
Olivia starts having elaborate (and wide-awake) visions. Walter confesses his previous knowledge about the Z.F.T. manifesto. Peter's secret project is exposed, yielding some unexpected help in unraveling the mystery in the new episode "The Road Not Taken." 10:01 PM on CFRN KAYU



**Without a Trace**  
The team races against the clock to find a teenager who was last seen in an amateur video being psychologically tormented by her unseen captor in the new episode "Devotion." Series star Anthony LaPaglia came up with the idea for this episode's story line. 8 PM on EDACCESS; 11:01 PM on KREM

**The Biggest Loser**  
The contestants learn that final challenge is to run a full marathon, a 26.2-mile course, with those who complete the marathon getting a \$10,000 bonus for the charity of their choice. After a "last-chance workout," viewers determine who will be the third finalist in the season finale. 9 PM on KHQ CHTV



Hugh Jackman will produce and star in a screen adaptation of Doug TenNaple's graphic novel Ghostopolis, about a supernatural immigration task force agent who teams up with a female ghost to retrieve a boy accidentally sent to the other side. **THE HOLLYWOOD REPORTER**

**Jackman crossing over**

## Celebrity Buzz

### Meeting Bruno traumatic: Paula

**PEOPLE** Paula Abdul says meeting Sacha Baron Cohen in character left her traumatized for a year, femalefirst.co.uk reports.

The American Idol judge — who had no idea she was being filmed for Cohen's latest alter-ego, flamboyant Austrian fashion reporter Bruno, for his new movie — said: "It was hysterical, but it was so disturbing."

"It is the most interesting, wacked-out situation that happened to me. I was scarred for my life for a year. I walk into the home, and I'm greeted by this futuristic Captain Nemo-looking dude with a Mohawk and he's flaming. And I'm going, 'Oh, this is going to be one of those fun Japanese game shows.' I'm like, 'OK, this is weird.'"

METRO  
WORLD NEWS

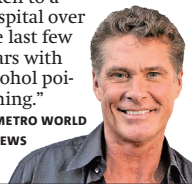


### The Hoff suffers alcohol poisoning?

**HEALTH** David Hasselhoff was reportedly found unconscious at his home in Encino, Calif., due to alcohol poisoning, according to radaronline.com.

He was allegedly "barely breathing when they got him to the hospital," a source reportedly says to the website. "This is about the seventh time he's been taken to a hospital over the last few years with alcohol poisoning."

METRO WORLD  
NEWS



## Not retiring yet: Naomi

**CAREER** The supermodel Naomi Campbell has herself dismissed reports she's retiring from the runway to start a family — and says she's not finished with fashion yet, femalefirst.co.uk reports.

The 39-year-old recently revealed she dreams of motherhood and one day plans to slow down her career — prompting speculation she wants to retire and settle down with ty-

coon boyfriend Vladislav Doronin.

She said, "It'll be 25 years (as a model) next year. In terms of fashion shows, I don't really see myself doing every show everywhere. I'm a woman and I'd like to be a mother one day."

But she's not ready to

quit just yet.

Her spokesperson told the website earlier this week, "She's absolutely not retiring from fashion. She loves what she does for a living and she's not planning to retire."

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## Arnie's Terminator passé: Bale

**MOVIES** Christian Bale says Arnold Schwarzenegger is no longer relevant to the Terminator movie franchise, femalefirst.co.uk reports.

The Terminator Salvation star — who stars in the forthcoming latest installment of the sci-fi series — says the new blockbuster is dramatically different from when the 61-year-old actor-turned-

politician played the title character in 1984.

He said: "Terminator 2 is the original nightmare of just being pursued that everyone has, by somebody who just will not stop, never stops, doesn't

give up. When you've got someone who looked like Schwarzenegger coming after you it made a big difference but nowadays, it wouldn't really — we've seen so many guys who imitated him and it just became a little passé."

Although pleased with the results, Bale says disassociating the movie from Schwarzenegger's cyborg assassin role in the sci-fi hit The Terminator was a challenge.

METRO NEWS SERVICES



## Not just a song: Pink's coming out

**SEXUALITY** Grammy-winning singer Pink has talked about her sexual encounters with women in the past — but in a new interview, the singer talks for the first time about being bisexual, The Advocate reports.

"I'm not embarrassed about being bisexual," Pink told the U.K.'s News of the World. "This is who I am. Love is pure and I try to keep it that way. This is who I am, what I feel. I think it's unnecessary to draw the subject out, but I think it even more stupid

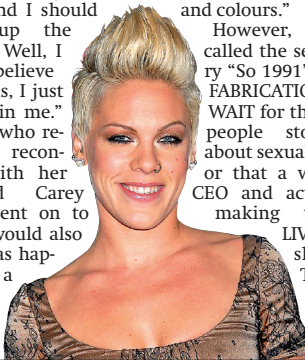
not to discuss it. It seems as if bisexuality is a trend and I should whip up the masses. Well, I don't believe in trends, I just believe in me."

Pink, who recently reconciled with her husband Carey Hart, went on to say, "I would also be just as happy with a new woman. I'm not

complicated, I sing about love in all its shapes, forms and colours."

However, Pink has called the sexuality story "So 1991" and "100% FABRICATION." "Can't WAIT for the day when people stop talking about sexual preference or that a woman is a CEO and actually start making the world LIVEABLE," she wrote on Twitter.

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## Jenny heads to TV land?

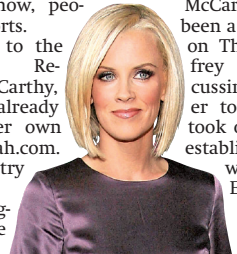
**TELEVISION** The outspoken Jenny McCarthy is joining forces with TV's queen of talk, Oprah Winfrey — for, among other projects, her own talk show, people.com reports.

According to the Hollywood Reporter, McCarthy, 36, has already launched her own blog on oprah.com. Friday's entry concerned PMS and sugar. The trade

paper likens McCarthy's chances to break through to other Winfrey-affiliated individuals, including Rachael Ray and Dr. Phil.

McCarthy has already been a frequent guest on The Oprah Winfrey Show, discussing, among other topics, how she took on the medical establishment to deal with her son Evan's autism.

METRO NEWS  
SERVICES



## Maggie and Peter wed

**MARRIAGE** Maggie Gyllenhaal and Peter Sarsgaard made it official on Saturday: The longtime couple, who have a daughter together, tied the knot in a romantic wedding in Italy, people.com reports.

"We are happy to confirm that Maggie and Peter were married on Saturday, May 2," the actress' rep said in a statement to

People. The celebration took place in a small chapel in Brindisi, according to European news reports. Among the guests were Jake Gyllenhaal and Reese Witherspoon.

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## Shia's Oedipus complex?

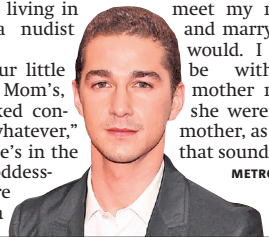
**CONFESSION** Transformers star Shia LaBeouf opens up to Playboy, telling the magazine about the trials of going through puberty on the set of Charlie's Angels: Full Throttle and living in a home with a nudist mother.

"You've got your little buds over, and Mom's, like, playing naked connect the dots or whatever," LaBeouf says. "She's in the middle of goddess-group time, where it's literally a

bunch of naked women tracing auras around one another's bodies."

When asked who he finds sexy, LaBeouf says it's dear old mom. "If I could meet my mother and marry her, I would. I would be with my mother now, if she weren't my mother, as sick as that sounds."

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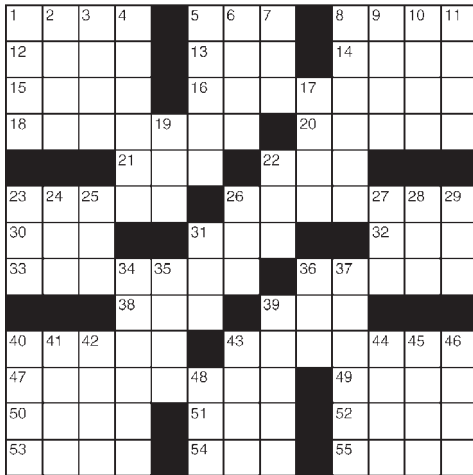
It's always Mom's  
size, the right colour,  
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**Sears**





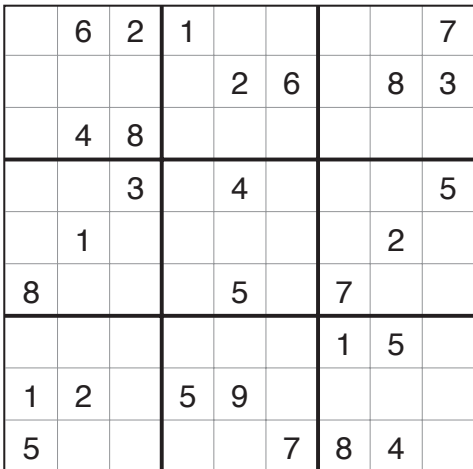
**Michele McDougall, Weather Specialist & Host – Breakfast Television**  
 "My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



### Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### Crossword across

- 1 Amorphous movie monster
- 5 Zero
- 8 Cold War initials
- 12 Philbin's co-host
- 13 Raw rock
- 14 Entreaty
- 15 Exam format
- 16 Michael Jackson step
- 18 Portable music player
- 20 Two under par
- 21 Help
- 22 Supporting
- 23 NYC borough
- 26 Authoritative command
- 30 Oklahoma city
- 31 April 15 payment
- 32 — de deux
- 33 — bread
- 36 Become less intense
- 38 Boston team, for short
- 39 Make marginalia
- 40 Marble type
- 43 Wacko
- 47 Courtroom agenda
- 49 Get wind of
- 50 Duel tool
- 51 Bookie's due, briefly
- 52 Therefore
- 53 Line of fashion?
- 54 Hearty brew
- 55 Serves the purpose

### Crossword down

- 1 Forehead
- 2 Old Italian money
- 3 October birthstone
- 4 Romanian, e.g.
- 5 Wanderer
- 6 Press
- 7 Zodiac cat
- 8 To the sky
- 9 Refinery waste
- 10 Hawk
- 11 Croupier's tool
- 17 Night light?
- 19 Blend
- 22 Send quickly
- 23 Foul
- 24 Mineral stat
- 25 Feedbag tidbit
- 26 Welcome sight?
- 27 Suitable
- 28 Greek cross
- 29 Kreskin's claim
- 31 Monkey suit
- 34 Honour
- 35 Yuletide refrain
- 36 Parcel of land
- 37 Left a good impression?
- 39 Arbitrator
- 40 Experts
- 41 Stare open-mouthed
- 42 Cruising
- 43 Perform perfectly
- 44 Re planes
- 45 Wise one
- 46 Cupid's alias
- 48 Eggs

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	6	7	5	3	2	1	9	8
9	1	5	8	4	6	3	2	7
2	8	3	9	1	7	4	6	5
5	9	1	6	8	4	2	7	3
3	2	6	7	5	9	8	1	4
8	7	4	1	2	3	6	5	9
7	4	8	2	6	5	9	3	1
6	3	9	4	7	1	5	8	2
1	5	2	3	9	8	7	4	6

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

### SUDOKU SOLVE TIME:

- Under 13 min .....Genius  
 13-17 min .....Scholar  
 17-21 min .....Smart  
 21-25 min .....Not bad  
 25+ min .....Keep practising

### Metro Recipe of the Day



### Pesto Fish Cakes

#### INGREDIENTS:

- 1 lb (500 g) potatoes, peeled and cut into cubes
- 3/4 lb (375 g) skinless firm white fish fillets
- 6 3/4 tbsp (100 ml) 1 per cent milk
- salt and freshly ground black pepper
- 3 scallions, finely chopped
- finely grated zest of 1 lemon
- 2 tbsp (25 ml) pre-made pesto
- 1/4 cup (50 ml) plain flour
- 1 cup (250 ml) fresh whole-wheat breadcrumbs
- 1/4 cup (50 ml) grated parmesan
- 1 large egg, beaten
- 8 small tomatoes, halved
- sprigs of fresh flat-leaf parsley to garnish

#### METHOD:

1. Cook potatoes in pot of boiling water until tender, 15 minutes.
2. Put fish in deep non-stick frying pan with milk and seasoning. Bring almost to boiling, then reduce heat, cover and poach until flakes when

tested with a fork, 5 minutes. Remove fish and flake flesh, discarding bones. Reserve milk.  
 3. Drain potatoes and mash. Add fish to potatoes with scallions, lemon zest, pesto and 1 1/2 tbsp (20 ml) poaching milk for soft mixture. Season to taste. Allow mixture to cool.  
 4. Shape fish mixture into eight thick flat cakes and dust all over with flour. Combine breadcrumbs and parmesan on plate. Coat fish cakes in beaten egg and then crumbs. Chill until ready to cook.  
 5. Preheat oven to 375 F (190 C). Place the fish cakes on non-stick baking tray with halved tomatoes. Bake 20 minutes. Serve garnished with parsley.

**SERVES 4**



### Horoscopes

**ARIES**  
**MARCH 21-APRIL 20**  
 Don't let anybody tell you how to act. There's no such a thing as too much fun. Make a diversion after a dim-witted dispute.



**TAURUS**  
**APRIL 21-MAY 21**  
 Your contribution is appreciated. Truthfulness is at stake during a wild excursion. Make things right with your heart.



**LIBRA**  
**SEPT 23-OCT 23**  
 Open your eyes to find a lost love. Have a serious chat but don't do battle. A dreamer gets the go-ahead.



**SCORPIO**  
**OCT 24-NOV 22**  
 An eccentric person is freed from a load. Someone will complain about naughtiness. Don't torment anyone about past quarrels.



**GEMINI**  
**MAY 22-JUNE 21**  
 An impromptu remark limits chances to dazzle others. Indulge yourself with a bath to calm down. Be appreciative to those who contribute.  
**SAGITTARIUS**  
**NOV 23-DEC 21**  
 Don't abandon loved ones who have money problems. Faith in true love changes a love match. An abrupt termination comes under scrutiny.



**CANCER**  
**JUNE 22-JULY 22**  
 A digestive problem is affected by anxiety. Stop anticipating a change in strategy. A former friend will sway other people's opinions.  
**CAPRICORN**  
**DEC 22-JAN 20**  
 Fear can't keep you from trying something out. A lonely person notices what is said. You'll get satisfaction from someone's removal.



**LEO**  
**JULY 23-AUG 23**  
 Plan activities that rest your mind. Withdraw from an alliance with a spendthrift. A hassle results when a folder is rearranged.  
**AQUARIUS**  
**JAN 21-FEB 18**  
 You'll be bored by an arrogant fool. A nasty mood provokes a sudden roar. Don't condone bad behaviour and poor judgment.



**VIRGO**  
**AUG 24-SEPT 22**  
 You'll learn something from a grateful person. Don't torment yourself after a quarrel. The secret solution to a late call is to be unavailable.  
**PISCES**  
**FEB 19-MARCH 20**  
 A sighing friend needs some hearty laughter. A youth can spread as much joy as possible. A faithful person does the accepted thing.



### This day in history

- MAY 5, 1260: Kublai Khan becomes ruler of the Mongol Empire.
- MAY 5, 1862: Cinco de Mayo in Mexico: Troops led by Ignacio Zaragoza halt a French invasion in the Battle of Puebla.
- MAY 5, 1877: Indian Wars: Sitting Bull leads his band of Lakota into Canada to avoid harassment by the United States Army under Colonel Nelson Miles.
- MAY 5, 1921: Coco Chanel introduces Chanel No. 5.

METRO NEWS SERVICES

### WORDY GURDY

BY TRICKY RICKY KARR

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Tono's band's ballet skirts (2)
2. Happy atom (1)
3. Obstruct a wall timepiece (1)
4. Not so wet monk like Tuck (2)
5. Actor Wesley complains (1)
6. Insanity awfulness (2)
7. Potato chip brand's songs in commercials (2)

ANSWERS: 1. TONTO'S BAND'S BALLET SKIRTS 2. HAPPY ATOM 3. OBSTRUCT A WALL TIMEPIECE 4. NOT SO WET MONK LIKE TUCK 5. ACTOR WESLEY COMPLAINS 6. INSANITY AWFULNESS 7. POTATO CHIP BRAND'S SONGS IN COMMERCIALS

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Please add \$50 for Sat. & Sun. departures

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Taxes & fees: \$333

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